

The contact nurse @ Karolinska Comprehensive Cancer Center

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The national role of the contact nurse in cancer care

Easy access and primary contact

Assesses patient needs

Responsible for in developing/updating individual care plan in collab with the patient



Active handovers

Information about next step in treatment and care

Support the patient and family in normal crisis reactions/remit

Participate in MDTs

The role @ Karolinska CCC

- Responsible for patients during workup and diagnosis. Use a person centered approach develop "My care plan" in collaboration with the patient, responsible physician and health care team. Inform the patient about the care process and give normal support to crisis reactions. This includes recurrence.
- Evidence based assessment of the patients needs and act on these, remit patient when nessesary, follow up of interventions.
- When changes in treatment update "My care plan" together with the patient. End of treatment rehabilitation plan using validated tool. Palliative treatment remit patient to ex. ASIH.



The contact nurse @ Karolinska CCC

- N= 100, Contact nurse education (1 sem)
- Majority worked >10 as nurses: 70%

Formal competence

- Min 3 – competence ladder
- Start contact nurse edu – 12 mo

Real competence

- Independence – nurse led practice
- Ability - psychosocial support in crisis
- Experience of cancer care

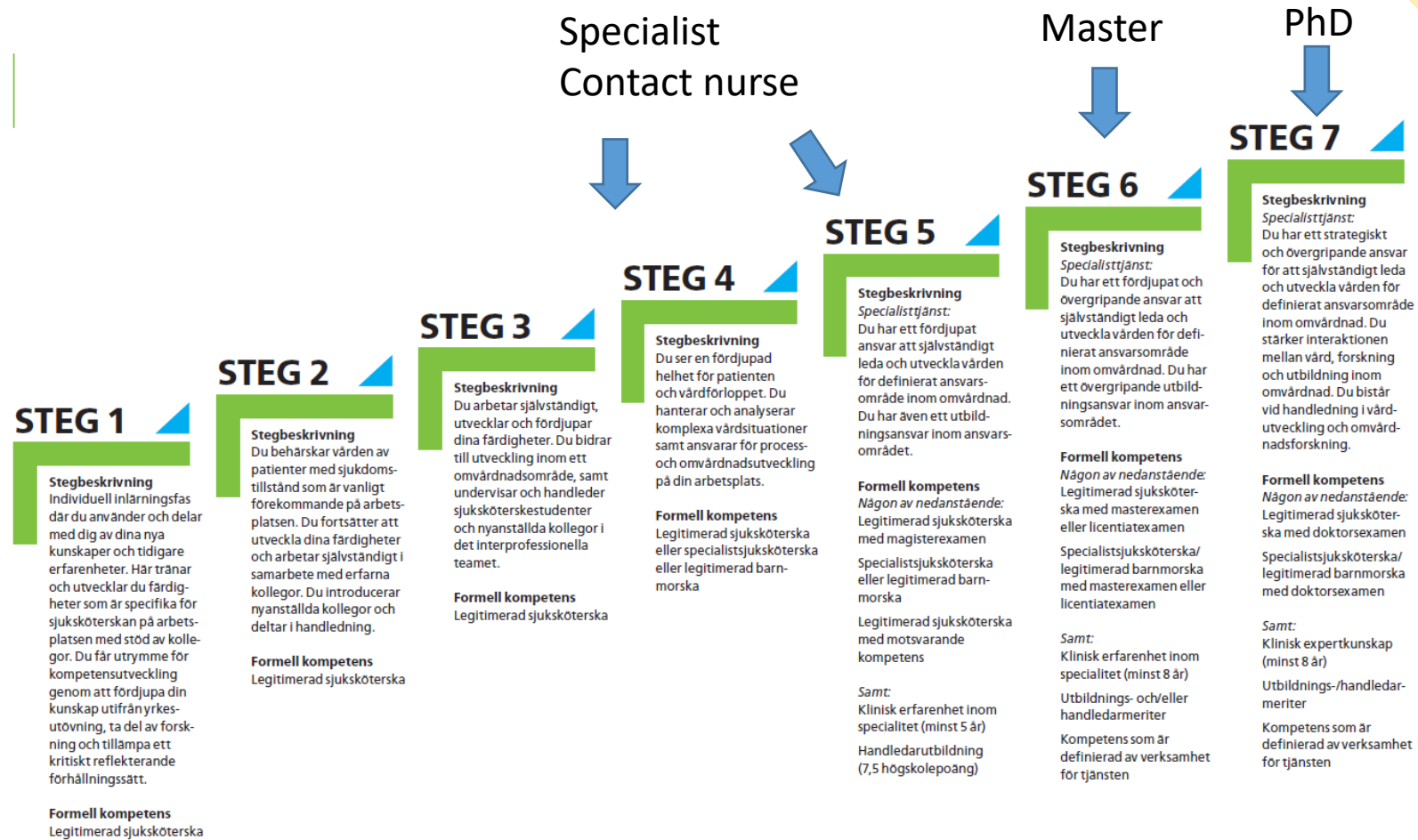
Merits

- Specialist education ex. onc, palliative, surg, medicine
- Conversational therapist education ex. samtalskonst inom vården, 1 w edu

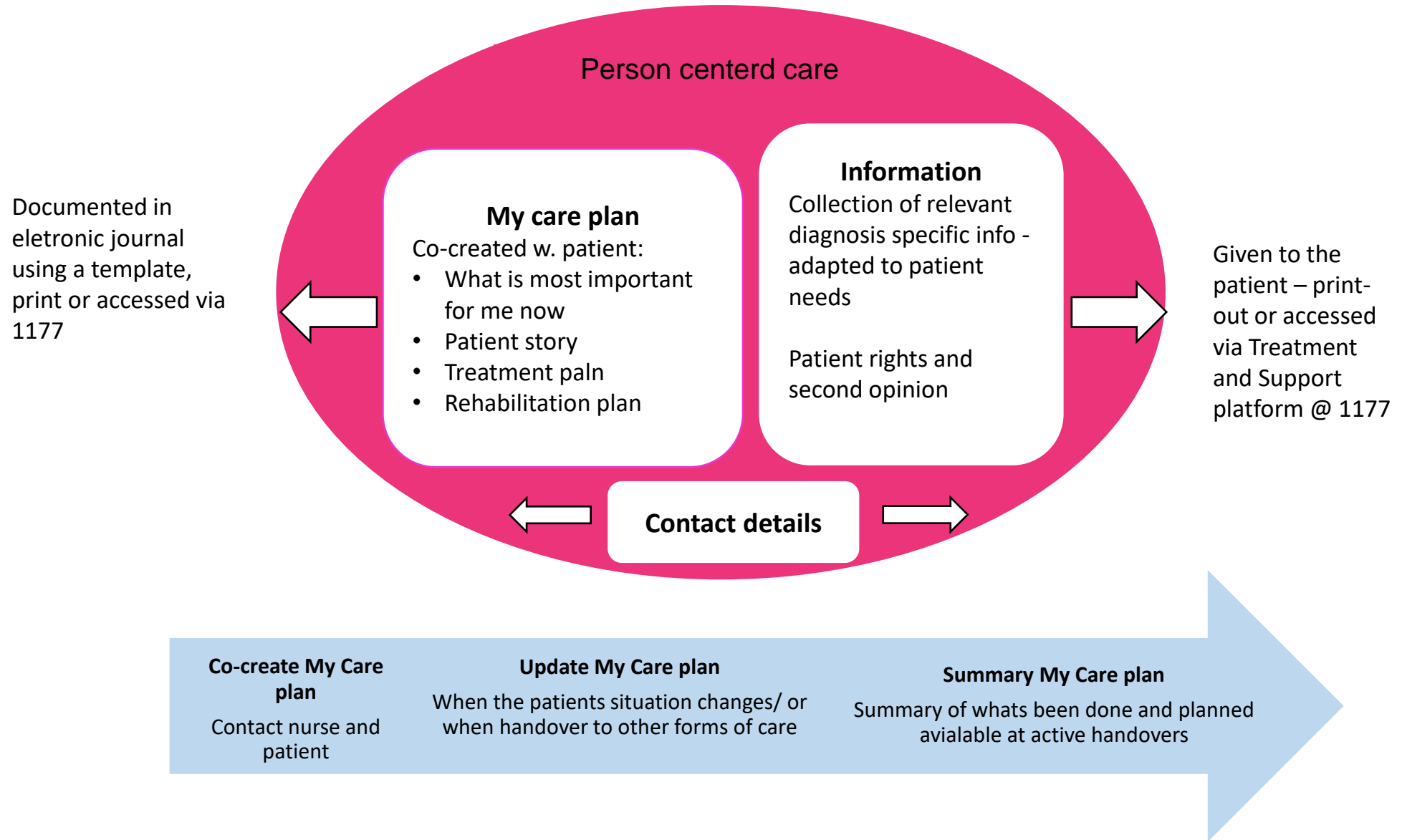


Competence development for nurses

- Aim step 4 – baccalurate exam
- University nurses step 5 – assistant university nurse – special role in quality improvement



My Care plan



Ongoing development

Networking

- 2/yr common questions – documentation workload national treatment programs
- Regional network meeting 1/yr

Participate in ongoing continuous competence activities

- Journal Club for nurses 5 /yr
- Friday lectures
- Clinical cancer talks

Quality improvement

- Contact nurse level 5 – quality improvement plan once a year

